ALL SAINTS NEWS

1st June 2025 Easter 7

PARISH RETREAT 2025



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A PROUD DEMENTIA

PARISH RETREAT 2025

Once again our Parish retreat was held at Llangasty Retreat House in mid Wales, by the shores of Llangorse Lake. We were privileged to have Mthr Nicola Stanley as our retreat conductor.

With the title of 'Praying the Eucharist' we knew we were heading for a treat.

On arrival we relaxed and found our rooms, then met in the sitting room at 6pm with Janet, who looks after the retreat house. The cook was off sick, so Janet would be cooking as well as looking after us. The food was excellent. Most of us had come by car, Brendan bravely came by public transport walking the last few miles from Bwlch through the lanes.

The retreat revolved around the daily offices led by the laity, daily mass, and five addresses with lots of time to read and go for walks. Vicky went swimming in Llangorse Lake. The countryside is beautiful and the retreat house is at the end of a maze of single track lanes, so it is very peaceful.

Mthr Nicola said,' we'll explore the Eucharistic mystery Using the Gospel account of the Road to Emmaus'. The opening address was on the Gathering Rite, and we read the passage from the Gospel concentrating on the meeting of the two disciples as they walk along the road to Emmaus, on their confusion and loneliness. Mthr Nicola quoted from a poem 'The death of Loneliness' by Michael Glover,

I was lonely then, with only my own whistle, threading down this lane, for company. It was then that he came, stealthy as a rising breeze. We walked together, I was in his company.

In the Gathering Rite we have the introit – the opening hymn,

The altar is censed as it is a holy place where we encounter God

The priest opens the mass with the words, 'In the name of the Father.....'

Then we go onto the Confession and Absolution followed by the Gloria (not in Advent or Lent)

The end of the Gathering is the Collect, which has five clauses:

An address to God

A statement emphasising an attribute of God

A petition

Statement of the purpose of the petition

A conclusion for the mediation of Jesus, offering our prayer to the Father.

The second address was 'The Liturgy of the Word, which includes The Old Testament reading, the Epistle, the Gospel, which is introduced by the Gospel Acclamation. We were reminded that the Gospel is read from the midst of the congregation, which reminds us that Jesus's own words are in the Gospel. Jesus opened the Gospel to Cleopas and his companion on the road to Emmaus. Mthr Nicola explained that when the Gospel is lifted at the words 'hear the Holy Gospel...' we use the thumb of our right hand to make three crosses on our forehead, lips and chest to remind us that:

We are redeemed in all our parts: mind, body and spirit

We will endeavour to understand the Gospel with our minds, proclaim it with our lips, and receive it into our hearts.

The sermon follows, and Mthr Nicola quoted Jeffrey John, 'The sermon should teach, should relate to the readings and the theme of the service, should be clear, straightforward, popular in style, and where possible both inspiring and (in the best sense) entertaining. It should never be longer than fifteen minutes and never less than eight. To be boring is a cardinal sin'.

This is followed by the Nicene Creed, an affirmation of our Faith.

The Intercessions follow and Mthr Nicola quoted, 'To intercede is one of the privileges of the Christian. St Paul urged us to "bear one another's burdens" and praying is one of the ways in which we do this".

The Liturgy of the Word ends with the Peace. To share the Peace with those around us, 'By this everyone will know that you are my disciples, if you have love for one another' (John 13.5)

The third address was on The Sacrament

God takes the ordinary things of earthly life to display the extraordinary glory of divine life (Bishop Christopher Cocksworth

In the Gospel reading of the Road to Emmaus Cleopas and companion recognise the risen Christ when he 'opened the scriptures' to them, they offered him hospitality, but when he took the bread and broke it he became the Host. The Sacrament begins at the Offertory, when the elements of bread and wine are brought to the altar from the congregation. The priest offers the bread and the wine with the prayers of the whole church. Water is added to the wine in the chalice which reminds us of Christ's humanity mingled with his divinity, representing the water and blood which poured from Jesus's side as he hung dead on the cross. The Thanksgiving Prayer is in eight parts: Sursam Corda ('Lift up your hearts'); Preface; Sanctus ('Holy, Holy..'); Benedictus ('Blessed'); Epiclesis; Institution; Amamnesis ('Memorial'); Doxology, praise ending with AMEN

Followed by the Lord's Prayer, which Jesus himself taught us

The Fraction – the bread is broken, as Christ's body was.

The Agnus Dei, which is a Syrian anthem recalling the lambs sacrificed at the Jewish Passover. It is here where the priest holds up the broken Host – **This** is the Lamb of God.

The Communion: Mthr Nicola says that it is interesting to reflect on the two way movement which takes place during the Eucharist:

What are we receiving? What are we giving? How is this Trinitarian?

We were given a poem by Malcome Guite to reflect on – This Table.

The Mass on Saturday was a Silent Mass, which is rather complicated to explain here. It was very different, interesting and moving, and affected us all in different ways.

Saturday afternoon was free and we all spent it in different ways – reading, sleeping, going for a walk.

Our fourth address was an Ignation reflection on the gospel reading of the Road to Emmaus.

The final address was The Dismissal where we receive God's blessing and are commissioned to

Go in peace to love and serve the Lord In the name of Christ. Amen

We are sent out. Mthr Nicola reminded us of something Archbishop Stephen Cottrell said at an Affirming Catholicism Conference in Durham in 2000:

'I think it was Mae West who said, 'If you've got it, flaunt it!' This seems to me to be a good text for catholic Christians. The trouble is, however,, although we've got it – an understanding of Christianity that is wonderful good news for the world, we rarely flaunt it.

..... The words 'mass' and 'mission' have the same root. They are to do with being sent. The Eucharist is not the hot bath at the end of the day, where we lie back and forget our troubles, it is more like the cold shower at the beginning of the day to zap us up and energise us for what lies ahead'.¹

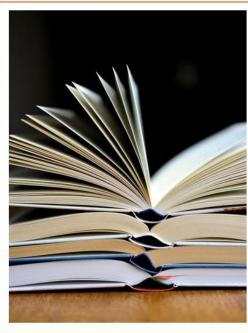
Our thanks go to Mthr Nicola for taking us through the liturgy and deepening our understanding, and explaining why we do things that week by week we take for granted.

We came out of silence after mass on Sunday and after a lively lunch we departed for home, leaving this lovely place refreshed, renewed, challenged and changed.

Liz Badman (I have relied very heavily on Mthr Nicola's notes for the bulk of this report)

¹ Sermon preached by Bishop Stephen Cottrell at Affirming Catholicism Conference *Living the Eucharist,* held in 2000 in Durham.





All Saints Book Group

Wed 25th June 7-9 pm in the Sacristy

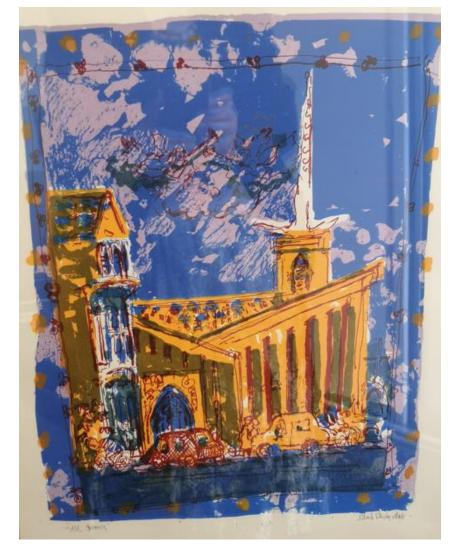
Join us for our bi-monthly book group in the Sacristy of All Saints.

Every other month, a new book — bringing readers together for lively discussions and great company!

Our book for the **Wed 25^{tl} June** meeting will be: **The Heart of the Matter By Graham Greene**







All Saints has been the grateful recipient of three pictures from the estate of Richard Ashby.

The first picture shows the old church, post war, before it was rebuilt in 1967. The church is open to the sky and without it's spire. The lime trees are missing, giving a much different view of the church.

The second picture is of the Vicar's garden from the rear of the new church and the third is a striking screen print of new Church.



Clifton & Hotwells OPEN GARDENS

Sat 7 & Sun 8 June 10:30am-5pm





Visit the fascinating communal gardens hidden behind the elegant terraces of Clifton and Hotwells.

TICKETS

Tickets cover both days and are available in advance from Eventbrite (£8) and on the day (£7) from 10:30am under the archway on Boyce's Avenue in Clifton Village and from selected gardens listed on our website.

gssg-bristol.com

The beautiful All Saints Garden will feature in this year's Clifton and Hotwells Open Gardens weekend on Saturday 7th of June and Sunday 8th of June.

As usual we are looking for Hosts during the opening times to meet and greet, show people the gardens and church and oversee Health and Safety.

If you are free at any time between 10.30 and 5pm and are willing to Host a session for this event please sign up on the list in the porch. Thank you.

Parish Pilgrimage to the Shrine of Our Lady of Walsingham

Pilgrimage Dates: Monday 6 - Friday 10 October 2025.

'Save the Date'

During the autumn there will be a series of session exploring the place and significance the Blessed Virgin Mary in the life of the Church and in the prayer and discipline of individual Christians.

This will be led by Mthr Nicola.

It will include an opportunity for a Pilgrimage to the Shrine of Our Lady of Walsingham.

Further details to follow in due course.

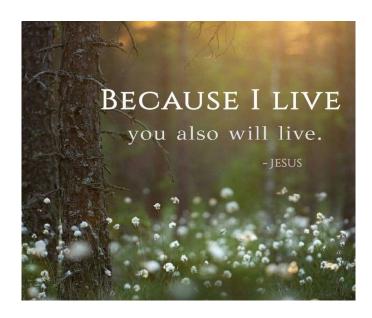


Prayers Requests

'In a little while the world will no longer see me, but you will see me; because I live, you also will live.'

(John 14: 19).

Please let Fr Charles know of anyone who would like to be remembered within the weekly prayer list or anyone who you would like to be remembered in prayer.



Those of the parish and our hearts whom we remember in our Prayers:

Sunday

Tabitha Clark, Ruth and Richard Harding, Katie Norman, Neal Gordon, Joyce Shepherd, Cynthia Ashford Sathia Aruliah the O'Sullivan family Susie King Arthur Cleaver Vyard Angel Wray Nicky Epinay Oussama and Claire Sader Sarah Jean Bradford Adam Chivers Lucille Osafa Andrew French

Monday

Sue Hilliar Hugh Farry

Tuesday.

Ryan Lindsey George Lymperopoulos Pam Parker

Wednesday

Katrina and Katherine King, Philip Miles, Diana Verity, Samantha Tucker, Maureen Mumford

Thursday

Steve Cooper Barbera Freeman Remi Clarke

Friday

Charlotte Hopkins, Caroline Semon, Nicole Kaneza Nadine Benn

Saturday

The Departed

Jean Detheridge Olivia Griffiths Ann Wardrop John Badman Charles Easmon Elisabeth Morgan Pope Francis Silvio Pegado Mary Thompson

Years' Minds - this week we remember:

Noelle Butler-Wright Elizabeth Birch Gwen Hutton John Male Gordon Williams Richard Ndikumana Rosemary Robinson Lisa Mills John Jefferies Lloyd

ALL SAINTS PRAYERS

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Mon 2	Pray for geographers, teachers, students, researchers and related professionals – all who work to further our understanding of our place on this earth. Geography bridges the social sciences and the natural sciences.
Tue	Martyrs of Uganda, 1885-1977
3	Pray for the nation of Uganda and for its Anglican Archbishop, Most Revd. Stanley Ntagali. Pray for the links that Bristol diocese has with the church in Uganda.
Wed	Mass 10.00am Petroc, abbot, 6 th century
4	Pray for Truro diocese and for stpetrocs.org.uk who work with the homeless across Cornwall.
Thurs	Boniface/Wynfrith, bishop, martyr,754.
5	Pray for those working and campaigning to raise awareness of action which needs to be taken to protect our environment for future generations
Fri	Mass 10.00am Ini Kpuria, founder of the Melanesian Brotherhood, 1945.
6	The Melanesian brotherhood remains an Anglican order based in The Solomon Islands, Vanuatu and Fiji and Papua New Guinea.
	Pray for the community who strive to live simply in their communities.
Sat	Pray for those who will lose loved ones today, for those who offer them immediate
7	support in their grief, and for organisations like CRUSE, who do so on an ongoing basis.
Sunday 8th	Pentecost God, who as at this time taught the hearts of your faithful people by sending to them the light of your Holy Spirit: grant us by the same Spirit to have a right judgement in all things and evermore to rejoice in his holy comfort Early Worship 9.00am Parish Mass 10.30am

If you would like to give regularly to the Church, please set up a standing order to the church account, details below Parochial Church Council of All Saints Account No. 65256747 sort code 08 92 99

Gift Aid forms are available from the office office@allsaintsclifton.org

We are committed to safeguarding children, young people, victims of domestic abuse and vulnerable adults.

If you have any Safeguarding concerns please contact: The Parish Safeguarding Officers - Caroline Davenport_& Janice Callow at office@allsaintsclifton.org marked for the attention of the Safeguarding Officer.